



# RAMAKRISHNA ASHRAMA, DEHRADUN

(A branch of Ramakrishna Math, Belur Math, Howrah, WB)  
Kishanpur, P.O., Rajpur Road, Dehradun – 248009 (UK)  
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Dear Devotees & Friends,

We are delighted to invite you to the Sunday Spiritual Classes at the Ramakrishna Ashrama, Dehradun. These classes are intended to deepen our understanding of spiritual teachings.

*With love and regards  
Yours affectionately  
Swami Asimatmananda  
(Adhyaksha)*

## Details of the Classes:

**Date: Every Sunday Starting from 29/06/25**

**Time: 5:30 pm - 6:30 pm**

**Venue: Sri Ramakrishna Temple, Ramakrishna Ashrama, Dehradun**

**Language: Hindi**

## SUNDAY SPIRITUAL CLASSES

Date	Time- 5:30pm - 6:30pm
29/06/25	Karma Yoga (कर्मयोग)
06/07/25 (Time- 4:30 pm - 5:30 pm)	Ekadashi - Ram Naam Sankirtanam (एकादशी – राम नाम संकीर्तनम्)
13/07/25	Bhakti Yoga (भक्तियोग)
20/07/25	Jnana Yoga (ज्ञानयोग)
21/07/25 (Time- 4:30 pm - 5:30 pm)	Ekadashi - Ram Naam Sankirtanam (एकादशी – राम नाम संकीर्तनम्)
27/07/25	Raja Yoga (राजयोग)
03/08/25	The Compassionate Mother (करुणामय माँ)
05/08/25 (Time- 4:30 pm - 5:30 pm)	Ekadashi - Ram Naam Sankirtanam (एकादशी – राम नाम संकीर्तनम्)
10/08/25	Ramakrishna in today's violent world (आज की हिंसक विश्व में रामकृष्ण)
17/08/25	Vivekananda - His contribution to the present world (विवेकानन्द-वर्तमान विश्व के लिए उनका योगदान)
19/08/25 (Time- 4:30 pm - 5:30 pm)	Ekadashi - Ram Naam Sankirtanam (एकादशी – राम नाम संकीर्तनम्)
24/08/25	Our Holy Trinity (हमारी पवित्र त्रिमूर्ति)

**Note: Classes would be taken by Swami Annapurnananda ji Mj. & Swami Asimatmananda ji Mj.**